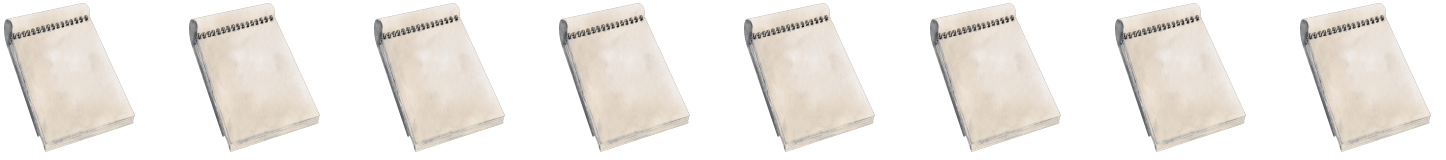


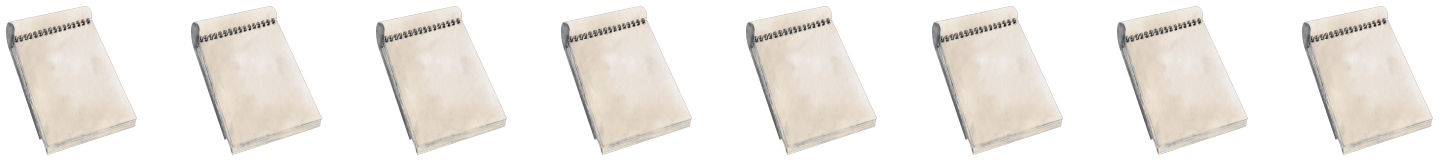
# Journal Prompts for Homeschooled Teens



## For Homeschool Life Specifically

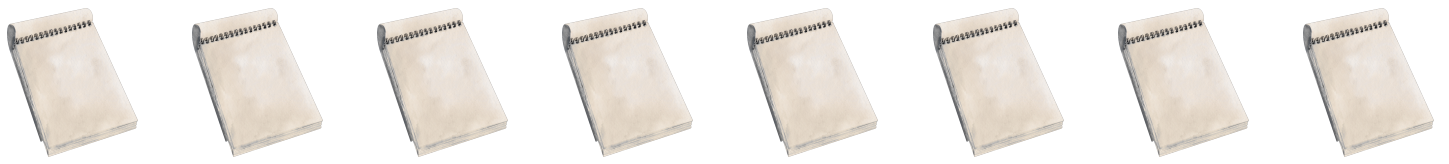
- What's your favourite and least favourite part of home education?
- Write a letter to someone who thinks home education is "weird."
- What does your ideal day of home education look like?
- How would you explain home education to an alien?
- What's something you've learnt that's stuck with you or that's had an impact on you?
- What's something you wish traditional school kids knew about homeschoolers?





- What's one myth about homeschoolers that makes you laugh?
- What's one thing you get to do because you're homeschooled that traditional school students usually can't?
- Do you ever feel like you're missing out on anything because of home education? What do you gain instead?
- If homeschooling ended tomorrow and you had to attend a traditional school, what would you miss the most—and what might you secretly be curious about?





# Deep But Not Boring

- What do you think is the hardest thing about being a teenager today?
- Is there such a thing as a “good lie” ?
- What’s something adults always misunderstand about teens?
- Is home education right for everyone? Why or why not?
- Do you believe in fate, free will, or something in between?
- What does “success” really mean to you?
- What would you change about society if you could?
- When is it a good or bad thing to have a secret?
- What’s one unpopular opinion you stand by?
- What gives you purpose in life?

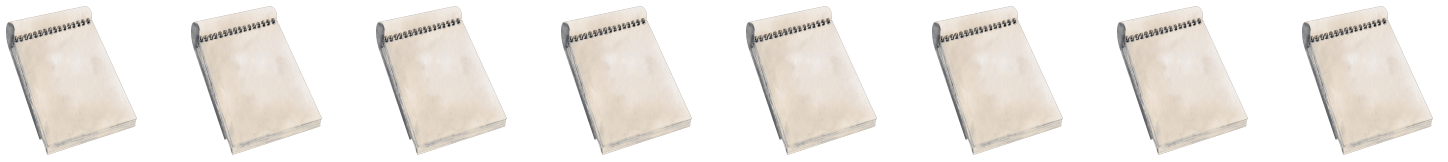




# Fun & Random

- If you swapped places with your parents, what would you teach them?
- What song would play every time you walked into a room (if life were a movie)?
- Would you rather be famous for something silly or unknown but brilliant?
- You can only eat 3 foods for the rest of your life—what are they?
- What's a “weird flex” you secretly love about yourself?
- If you could have unlimited anything, what would it be, and why?
- What's your go-to “I'm bored” activity?
- If you ruled the world for a day, what law would you make?
- What's one thing adults secretly do that teens pretend not to notice?
- If you had a signature scent, what would it smell like?



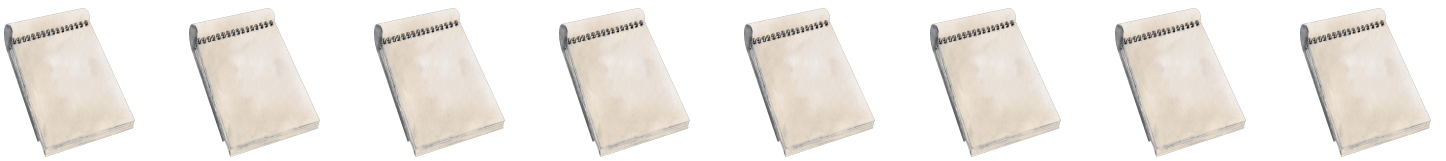


# Creative

- You find a blank book labelled “This is your alternate life.” Every night, new chapters appear. What do you read?
- If boredom were a physical creature, what would yours look like? How would it behave, and how do you fight it off?
- You meet your “inner critic” as a real person. Describe their vibe, voice, and how you finally shut them up.
- A random object in your room becomes sentient and starts narrating your life—what’s the object, and what does it say about you?
- Imagine your brain as a city. What part of town do you avoid, and what’s always under construction?
- Every dream you’ve ever had is secretly a message from an alternate version of yourself. Pick one dream and decode it. What is it trying to say?
- Your shadow detaches itself and starts living its own life. What kind of trouble does it get into, and what does it reveal about you?

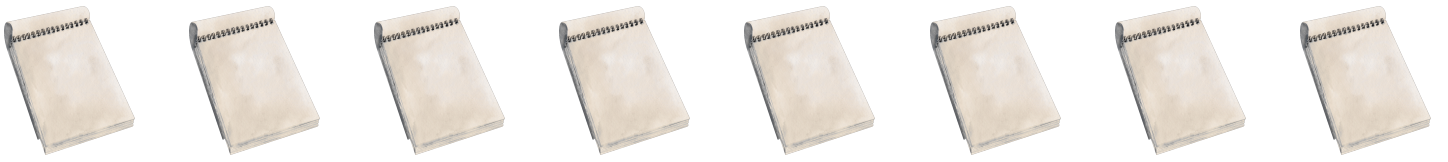


- You receive a warning from the future: “Don’t trust the one wearing \_\_\_\_.” Fill in the blank and explain what happens next.
- You wake up with a barcode on your wrist that changes daily. You finally scan it. What does it reveal?
- If every person’s soul had a playlist, what 5 songs would be on yours?

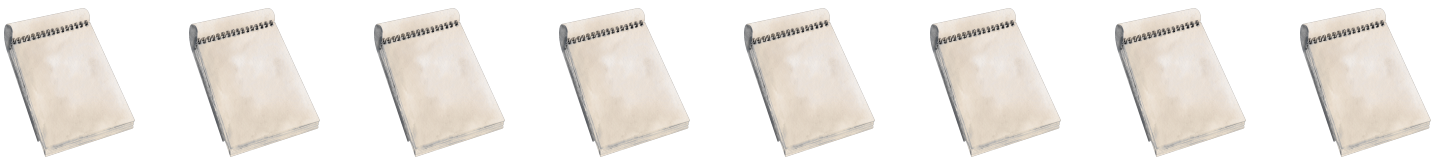


## Opinionated & Debate-Worthy

- Should teens have unlimited access to the internet?
- Which is worse: being forgotten or being remembered for the wrong reasons?
- Does everyone deserve a second chance—or are some actions unforgivable?
- Should teens be allowed to work full-time if they want to, even if it affects their learning?

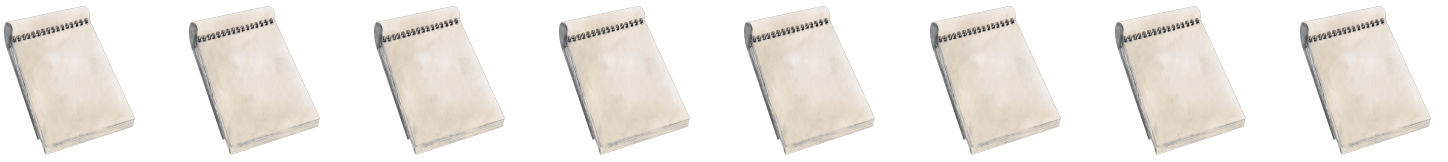


- Is social media more helpful or harmful?
- Can money actually buy happiness?
- What's a rule in your life you think is pointless?
- Are teenagers underestimated—or are most teens not rising to their potential?
- Should AI be allowed in education?
- What would a world without social media look like?



## List-Style Prompts

- 5 things that make you laugh
- 3 songs that describe your current mood
- 10 things you love about being a teen
- 3 things you'd put in a time capsule
- 5 books/movies you want to re-read or rewatch
- 4 things that always calm you down
- 3 fictional characters you relate to

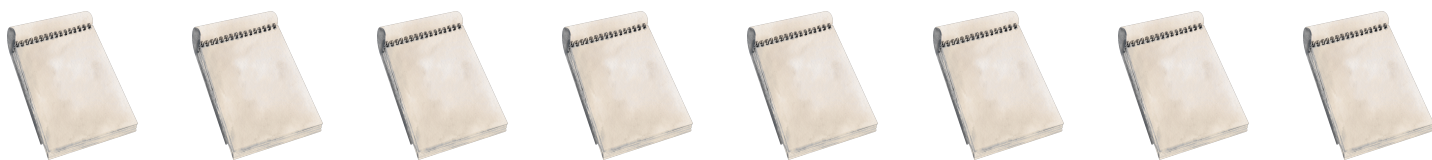


- 5 apps you couldn't live without
- 7 things that make you feel powerful
- 5 things you hope your future self remembers

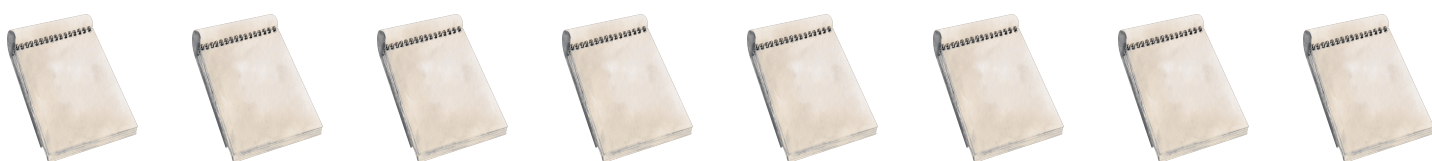


## Wildcards (Totally Out There)

- You can instantly steal any one skill from someone in the world. Whose skill do you take, and what do you do with it?
- Imagine your future self sends you a warning. What does it say?
- Describe the smell of happiness.
- You find a notebook that writes back. What do you say first?
- If someone offered you a once-in-a-lifetime experience, but wouldn't tell you what it was—would you take it?



- Your dreams are being recorded. Who's watching?
- You wake up with a completely different personality.
- Write about a version of you in an alternate universe.
- Write a list of "unwritten rules" of life you've picked up. Which ones should be broken?
- If your personality were a building, describe the rooms inside.

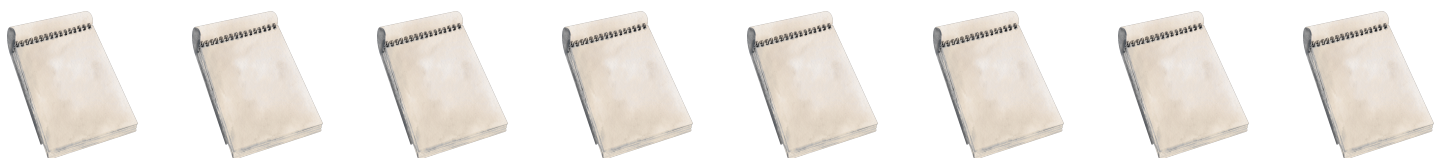


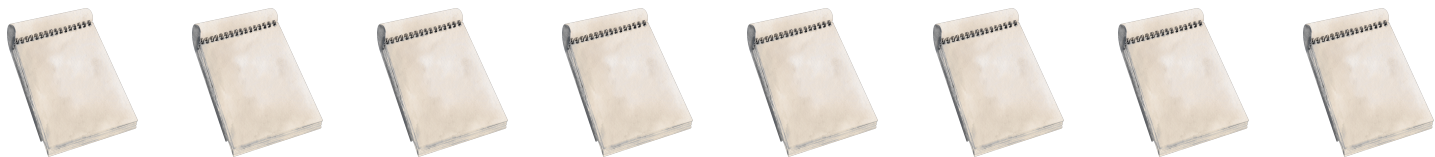
## Perspective

- You're suddenly living your life as a completely different culture, gender, or age group—but in the same world. What challenges or freedoms might you experience?
- Write about your homeschool journey from the point of view of someone who's never heard of homeschooling.
- If your thoughts were visible above your head in real time, how would it change how people treat you—and how you behave?



- Take a strong opinion you hold and argue against it as if you genuinely believed the opposite.
- Write a journal entry as if you are your future self looking back on this week.
- Pick someone in your life you find difficult to understand. What might their biggest fears or pressures be?
- Write about a moment in history—but from the perspective of someone who lost. What does the world look like through their eyes?
- Write a short scene where two people witness the same event—but describe it through each of their eyes.
- You swap minds with a parent or sibling for a day. What do you finally understand about them—and what do they learn about you?
- You're a tree in your backyard watching your family live their lives over the years. What have you seen?





# Just Because

- Describe your perfect weekend—no limits.
- What's your favourite moment of the day and why?
- What's one thing you want to learn just for fun?
- What colour is your mood today?
- What's something that can't be taught but must be learned? How do you teach around that?
- What's something weird that fascinates you?
- What advice would you give your future kids about being a teen?
- What's your personal aesthetic—in three words?
- What's something you secretly think you'd be great at?
- What's the last thing that made you feel truly alive?

